

# 16th ANNUAL MIDWEST IOWA FOOTBALL CLINIC

**The Best Football Clinic in the State! You won't get more for your money at any other clinic!  
This year promises to be our Best Clinic Ever! Don't Miss It!**

Friday and Saturday, February 12 & 13, 2010 at the Best Western Starlite Village in Fort Dodge, Iowa. Only \$50.00 per coach, (in advance). Clinic fee includes 10 great speakers, buffet meal and "Coaches Social" on Friday, plus all who pre-register by February 5th get a free A-4 Moisture Management T-Shirt, A-4 Coaching Short also a KBA DryErase Clipboard and Notepad.

## Friday Format (February 12, 2010)

4:30-5:30 p.m. - Registration

Coming off of a successful 11-2 season, a 7th place ranking in the final polls, and an impressive victory over Georgia Tech in the Orange Bowl, we have 2 of the assistants from the University of Iowa that have agreed to speak at our clinic.

5:30-7:00 p.m. - **Rick Kaczenski** - University of Iowa Defensive Line Coach. Coach Kaczenski will speak on Iowa Hawkeye defensive line play.

7:15-8:45 p.m. - **Chris Doyle** - University of Iowa Strength and Conditioning Coach. Coach Doyle will give a presentation on Iowa Strength and Conditioning.

## Saturday Format (February 13, 2010)

6:30-8:00 a.m.- Breakfast on your own. Starlite Village Clinic Special Buffet Breakfast \$6.50. (Only \$4.50 with a Starlight coupon.)

8:00-9:45 a.m.- Break-Out Sessions. (Three presentations per session to choose from.)

<u>Time</u>	<u>Neptune</u>	<u>Zodiac (main ballroom)</u>	<u>Jupiter (in back)</u>
8:00-8:45	<b>Tim Frake</b> Cascade HS Defensive Schemes	<b>Joe Beschoner</b> Simpson College Offensive running game	<b>Joe Wollum</b> CAM HS CAM trap game
9:00-9:45	<b>Mark Kohorst</b> Harlan HS Harlan offense-blending The old with the new	<b>Steve Waechter</b> HMS HS HMS version of the Wing - T	<b>Wade Anderson</b> Adair Casey HS Keeping the Adair - Casey tradition going
10:00-11:00	<b>Mike Virden</b> Ellsworth CC "Turning a program around" Maynard	<b>Cory Brandt</b> Rock Valley - Boyden Hull HS Spread Screen Game - Knighthawk Character	<b>Steve Milder</b> West Central Skill Development "Tackling"
11:00 AM-	<b>Presentation of IFCA Awards to all Sub-State Qualifiers</b>		

**Best Western Starlite Village phone: 1-800-903-0009...then dial 5.  
Or 515-573-7177. Special clinic room rate: \$69.00 per room for up to four people.  
MAKE YOUR OWN RESERVATIONS!**

**NOTE: Space limitations limit us to the first 400 registered coaches!**

Name(s): \_\_\_\_\_

School: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Phone: \_\_\_\_\_

Please send registration form and payment (\$50.00 in advance)  
MIDWEST IOWA FOOTBALL CLINIC, The Graphic Edge  
743 Hwy 30 East, P.O. Box 586  
Carroll, Iowa 51401

**\*You must register by February 5th to receive the Moisture Management T-Shirt, Coaching Short also a KBA DryErase Clipboard & Notepad**  
T-Shirt Size (S, M, L, XL, 2XL, 3XL, 4XL) \_\_\_\_\_ Short Size (S, M, L, XL, 2XL, 3XL, 4XL) \_\_\_\_\_

1-800-747-9744



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**MIDWEST IOWA FOOTBALL CLINIC**

**FORT DODGE, IOWA** - Located where highways 20, 169, and 7 intersect...the Best Western Starlite Village is located at Hwy. 169 & 7 junction!

Approximate "driving times" from various cities:

- Ames .....1 hour
- Storm Lake .....1 hour
- Carroll.....1 hour
- Cedar Falls.....1.5 hours
- Cedar Rapids..2.5 hours
- Des Moines..1.5 hours
- Sioux City.....2 hours
- Omaha.....2.5 hours
- Quad Cities.....4 hours

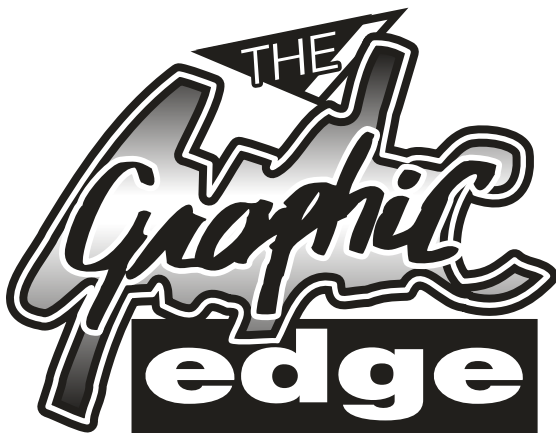
**Clinic Headquarters:** The Best Western Starlite Village  
Ph: 1-800-903-0009 then dial 5 for Fort Dodge, or dial 515-573-7177

**Clinic Room Special Rate:**  
\$69.00 for up to 4 people per room

**Other Lodging in Fort Dodge:**

- Budget Host: 515-955-8501
- Holiday Inn: 515-955-3621
- Comfort Inn: 515-573-5000
- Super 8: 515-576-8788
- Country Inn: 515-955-2259
- Days Inn: 515-576-8000

**Chamber of Commerce:** 515-955-5500



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Carroll, Iowa 51401**

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**Email: sales@thegraphicedge.com**

**Website: www.thegraphicedge.com**